



SCIENCE
BEHIND
ADDICTIONS

**1st NAAC
CONGRESS**

11-12 SEPTEMBER
FILOXENIA
CONFERENCE CENTRE
CYPRUS 2019

Wednesday

11

SEPTEMBER 2019

08:00 - 08:30

Registration

08:30 - 09:00

Opening Ceremony

Dr. Chrysanthos Georgiou,
Chair Cyprus National Addictions
Authority

Alexis Goosdeel,
(EMCDDA) European Monitoring Centre
for Drugs and Drug Addiction, Director

09:00 - 10:00

Session I: Challenges and New Approaches in the field of Prevention

Chair:

Gerasimos Papanastasatos,
PhD, Research Director, Therapy Centre
for Dependent Individuals (KETHEA), Senior
Advisor to National Drug Coordination
Committee

Speaker 1:

Alexis Goosdeel,
EMCDDA Director, "Prevention Systems:
How to bring innovative approaches from
science to the field?"

Speaker 2:

Peer van der Kreeft, Prevention Expert,
HoGent, University College Ghent, "EUPC The
European Prevention Curriculum"

Speaker 3:

Harry Sumnall, Professor in Substance
Use, Public Health Institute, Liverpool John
Moores University, "Where next for
prevention in a changing drugs world?"

10:00 - 11:00

Session II: Alcohol consumption and related harm for the individual and to others

Chair:

Dr. Panayiotis Stavrinos,
PhD, Assistant Professor,
University of Cyprus

Speaker 1:

Dag Revke,
Head of Safer Initiatives, World Health
Organisation, "The new WHO-led SAFER
initiative to reduce harmful use of alcohol"

Speaker 2:

Dr. Aphrodite Elissaïou-Xenofontos,
Obstetrician/ Gynaecologist,
"The consequences of alcohol consumption
during pregnancy and breastfeeding"

Speaker 3:

Dr. Ioannis Ioannou,
Child Neurologist, Makarios Hospital,
"Fetal Alcohol Spectrum Disorder- The
medical approach"

11:00 - 11:30

Coffee break

Wednesday

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11:30 - 12:30

Session III: Smoking

Chair:

Dr. Frangiskos Fragkopoulos,
Pulmonologist

Speaker 1:

Dr. Panagiotis Behrakis,
Pulmonologist, Director Institute of Public
Health at the American College of Greece,
"Passive Smoking and Human Rights"

Speaker 2:

Dr. Maria Karekla,
Assistant Professor, University of Cyprus,
"Current situation regarding nicotine
dependence and effective smoking
cessation tools"

Speaker 3:

Dr. Dimos Fotopoulos,
Addiction Psychiatrist, Vice-president
OKANA (Greek Organization Against Drugs),
"Tobacco Harm Reduction: what we have
learned from Drug and alcohol addictions"

12:30 - 13:30

Session IV: Challenges and New Responses in Pathological Gambling and Internet Addiction

Chair:

Dr. Kyriakos Platrites,
Head of Cyprus Institute for Psychotherapy,
Chief Special Psychologist of Cyprus Mental
Health Services

Speaker 1:

Eleni Votika,
Psychotherapist, Family Therapist,
Addiction Counsellor, Therapy
Centre for Dependent Individuals
(KETHEA), "The crucial areas of
the therapeutic intervention in gambling
disorder, Therapeutic Program KETHEA
ALFA"

Keynote speaker 2:

Dr. Constantinos E. Siomos,
Child and Adolescent Psychiatrist,
Hellenic Association for the Study of
Internet Addiction Disorders, "Gaming
Disorder"

13:30 - 15:00

Lunch break

Wednesday

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15:00 - 16:00

Session V: Best practices in Harm Reduction

Chair:

Dr. Petros Katsioloudes,
Internist, President for Hepatitis B & C
National Committee of Cyprus

Speaker 1:

Lampros Samartzis MD, PhD,
Psychiatrist, Mental Health Services,
"Opioid Substitution Treatment -
The Cypriot experience"

Speaker 2:

Dr. Georgia Poulidou,
Psychiatrist- Psychotherapist, University
of Geneva, "Harm reduction in the addiction
field: the Swiss paradigm"

Speaker 3:

Marios Atzemis,
Coordinator of Harm reduction actions,
Positive Voice Greece, "Nothing for us,
without us- the meaning of peer involvement
in harm reduction"

16:00 - 17:00

Session VI: Monitoring and Responding to drug use and related problems in recreational settings: Challenges and methodological Innovations

Chair:

Dr. Kyriakos Veresies,
Neurologist- Psychiatrist,
Scientific Director KENTHEA

Speaker 1:

Dr. Lubertus Bijlsma,
Post-doc Researcher, Research Institute
for Pesticides and Water,
University Jaume I, Spain, "The application
of wastewater- based epidemiology to
monitor the use of psychoactive substances
at music festivals"

Speaker 2:

Fiona Measham,
Professor, Chair in Criminology, University
of Liverpool, "Drug safety testing, welfare
and harm reduction services at nightclubs,
festivals and other leisure events"

Speaker 3:

Ton Nabben,
Drug researcher at Amsterdam University
of Applied Social Sciences, "High
Amsterdam. 25 years of drug monitoring
in nightlife"

17:00 - 17:30

Conclusions and Closure

Thursday

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09:00 - 10:00

Session VII: Cross-cutting themes

Chair:

Dr. Andri Panayiotou,
Assistant Professor in Public Health,
Cyprus University of Technology, Member
of Cyprus National Bioethics Committee

Speaker 1:

Gerasimos Papanastasatos,
PhD, Research Director, Therapy Centre
for Dependent Individuals (KETHEA), Senior
Advisor to National Drug Coordination
Committee, "Global Drug Policy- Failed
Practices and Lessons Learned"

Speaker 2:

Antonis Farmakas,
PhD, Mental Health Nurse, Psychotherapist
CBT, Addiction Counsellor, "Priorities and
health policy formulation in the field of
addiction and mental health: public opinion"

Speaker 3: Michal Pawlega,

MSM Health Lead, Social AIDS Committee,
National Institute of Public Health Poland,
"The emerging phenomenon of Chemsex:
new challenge to health policy"

10:00 - 11:00

Session VIII: Cannabis

Chair:

Dr. Christos Kouimtsides,
Drugs Coordinator for Greece, Consultant
Psychiatrist UK, Senior Lecturer Imperial
College London, Senior Lecturer St Andrews
University Scotland

Speaker 1:

Dr. Minerva- Melpomeni Malliori,
Professor of Psychiatry, National and
Kapodistrian University of Athens- Eginition
Hospital, "Cannabis- Recent Policy"

Speaker 2:

Amir Englund,
Post- doctoral Researcher, Institute of
Psychiatry, Psychology and Neuroscience,
Kings College of London, "Can we make
cannabis safer? An experimental study
of four CBD:THC ratios"

Speaker 3:

Dr. Katerina Mavrommati,
Psychiatrist- Psychotherapist, Mental Health
Services, "Therapeutic Approaches for
cannabis use disorder"

11:00 - 11:30

Coffee break

Thursday

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11:30 - 13:30

Session IX: Alternatives to coercive sanctions as a response for drug law offences and drug related crimes

**Address by the Attorney General,
Mr. Costas Clerides; this Session is taking
place under his auspices**

Chair:

Vasileios Gkitakos,
Director of Therapy Centre for Dependent
Individuals (KETHEA)

Speaker 1:

Michaella Pashiardi,
Legal Services Cyprus,
"Treatment of Accused Users or Dependent
Individuals Law"

Speaker 2:

Dr. Demetra Sorvatsiotis,
Deputy Professor Law School University of
Nicosia, "Drug Courts in the framework of
Cyprus' legal system"

Speaker 3:

Vasilis Katagis,
Sociologist, Systemic Family Therapist,
Therapy Centre for Dependent Individuals
(KETHEA), "The restricting condition
of engagement in the therapeutic process
and the monitoring of a treatment
programme without restricting
conditions- KETHEA EN DRASI"

Speaker 4:

The experience of an individual in treatment
after a Court's order

13:30 - 14:00

Conclusions and Closure of the Conference

Organiser:



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